

for

The word „for“ is used when we talk about a **period of time** in the past, present or future.
„I've been studying *for* two hours.“



e.g.: two weeks, a year

since

We use the word „since“ to talk about a certain **point in the past**.
„I've been studying *since* I got home from school.“

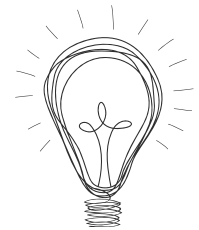
point of time



e.g.: last month, yesterday


! for + all

For *can't* be used with all.
Therefore the sentence „I've been here for all day.“ is *incorrect*.
Instead we would say: „I've been here all day.“



1 Read the sentences and fill in either *for* or *since*.

- 1) I've known Steve _____ a long time.
- 2) Sarah has been living in Vienna _____ 2017.
- 3) I haven't eaten anything _____ 1 o'clock.
- 4) Paul has been watching TV _____ twenty minutes.
- 5) My husband and I have been looking forward to our vacation _____ ages. We will be staying at a hotel in Italy _____ two weeks.
- 6) Don't forget your umbrella. It's been raining _____ I got up this morning.

- 2  Turn to your neighbour and come up with a few words or phrases in which:
- for would be used
 - since would be used

for	since
e.g.: two weeks	e.g.: yesterday