

Your body language may shape who you are - Amy Cuddy



- ① You are going to watch a TED Talk. But first we need to talk about some words that you should know.

A talk	1	the part of a person that thinks, reasons, feels, and remembers
A physician	2	... means to bring that person in front of court.
To sue s.o.	3	When you present something, you can also say, that you give a ... about it.
non verbal expression	4	very sure about what you do and how you look.
mind:	5	you are extremely afraid.
You are assertive when you are...	6	is a person who pretends to be someone else.
To be confident means...	7	Something that you „say“ but without words.
An impostor ...	8	... is a medical doctor
When you are terrified	9	having a feeling or belief that you can do something well or succeed at something

- ② Pick 4 or 5 words of the above and write a sentences each using it.

③ While watching:

Write down answers to the questions.

- a) How did Ms Cuddy's digital presentation (or „PowerPoint Presentation“) look?
 - b) What do people do to show power? (Draw small figures!)
 - c) What do people do if they feel powerless? (Draw small figures!)
 - d) If you want to be successful in a job-interview or EuroKom, how do you have to act?
 - e) „Do it enough until you actually become it“ - What does that mean?

④ How can you nonverbally show that you are ...

- a) confident b) passionate c) enthusiastic d) authentic e) comfortable
