

## Your body language may shape who you are - Amy Cuddy



① You are going to watch a TED Talk. But first we need to talk about some words that you should know.

A **talk** (1) the part of a person that thinks, reasons, feels, and remembers

A **physician** (2) ... means to bring that person in front of court.

**To sue s.o.** (3) When you present something, you can also say, that you give a ... about it.

**non verbal expression** (4) very sure about what you do and how you look.

**mind:** (5) you are extremely afraid.

You are **assertive** when you are... (6) is a person who pretends to be someone else.

To be **confident** means... (7) Something that you „say“ but without words.

An **impostor** ... (8) ... is a medical doctor

When you are **terrified** (9) having a feeling or belief that you can do something well or succeed at something

② Pick 4 or 5 words of the above and write a sentences each using it.

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③ While watching:

Write down answers to the questions.

- a) How did Ms Cuddy's digital presentation (or „PowerPoint Presentation“) look?
- b) What do people do to show power? (Draw small figures!)
- c) What do people do if they feel powerless? (Draw small figures!)
- d) If you want to be successful in a job-interview or EuroKom, how do you have to act?
- e) „Do it enough until you actually become it“ - What does that mean?

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④ How can you nonverbally show that you are ...

- a) confident      b) passionate      c) enthusiastic      d) authentic      e) comfortable

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